



The 7th EAS-network Conference

“Elite Sports life @ University and School”



City of Lisbon

Situated on the north banks of the River Tagus (Tejo, in Portuguese), the charm of Lisbon exists in its strong links to the past. Its renovated palaces, magnificent churches and an impressive castle mirror the city's rich cultural heritage. Its eclectic blend of neighborhoods, culture and architecture distinguish this capital city uniquely from the other European capitals and make it a truly fascinating and comprehensive city to visit.

A city set on seven hills, as the legend tells, with its cobble-stoned pavements and narrow streets full of Art Nouveau cafés promises a lot to discover. Most popular spots in Lisbon are located around Rossio and Praça do Comércio, Baixa, situated on the hill around St. George's Castle, Alfama and Mouraria; and set on Tejo River, Belém.

Lisbon also hosts a great number of remarkable museums of ancient and modern art, some of which are Calouste Gulbenkian Museum, National Museum of Contemporary Art, National Coach Museum, Berardo Museum of Modern and Contemporary Art and Carmo Archaeological Museum. But, Lisbon isn't all culture and history; Bairro Alto is the center of nightlife with various restaurants and bars where melancholic traditional Portuguese music, Fado, can also be listened.

When tired of sight-seeing, shopping in Lisbon will take all your tiredness away! The biggest shopping mall in Iberian Peninsula, Centro Commercial Colombo, will offer you innumerable options. For those who prefer to shop in local markets, there is a fascinating flea market at the Campo de Santa Clara.

The best way to discover Lisbon is to get lost in its narrow streets and up and down roads! Every narrow street will tell you a different story and every story will reach to your heart easily!

Lisbon Airport

Lisbon Portela International Airport, also known as **Lisbon Airport** is located 7 km (4.3 mi) north of downtown Lisbon, the capital of Portugal.

The airport is the main international gateway to Portugal and a major European hub. It is one of the largest airports in Southern Europe. The airport has two main runways, capable of accommodating large-size aircraft such as the Boeing 747. The airport was opened on 15 October 1942, with four 1,000 m (3,300 ft) runways. It quickly expanded, with extended runways and a new terminal. It also expanded its parking facilities to allow more aircraft movements (110,437 in 2002).



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Conference Venue

Rectory of the University of Lisbon

Following an outstanding scientific and cultural tradition, the University of Lisbon, whose origins date back to the establishment of the Portuguese University by King D. Dinis in 1288, is a state institution, a centre intended to produce, transmit and diffuse knowledge, culture and science at the highest level. The University of Lisbon currently has an estimated 21 000 students and a teaching staff of 1 865 highly qualified teachers, many of whom are eminent cultural and scientific Portuguese personalities.

The emblem of the University of Lisbon is that of the city of Lisbon with the heading Universitas Olisiponensis and the motto Ad Lucem. The flag colours are the same as those of the city of Lisbon (white and black). Each Faculty has a colour of its own that is used in the gowns of the teaching staff in public academic events, and by the students on their symbols and festivities.

The University of Lisbon comprises the following organic units: Rectory, Faculty of Letters, Faculty of Law, Faculty of Medicine, Faculty of Science, Faculty of Pharmacy, Faculty of Psychology, Institution of Education, Faculty of Dental Medicine, Faculty of Fine Arts, Institute of Geography and Planning, Social Science Institute and Social Services (with Sport Office).





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Noble Room (EAS-Network Conference Room & Workshop1)

From a classical spirit in its balance of forms, the Main Hall, located on the 1st floor of the rectory (centre), is a majestic space that is distinguished by its versatility, size and superb natural lighting.

The Main Hall can accommodate up to 150 people, adapting functionally to a wide variety of events. Its 315m² is ideal for holding receptions, meetings and conferences.





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Conference Room (Workshop 2)

The conference hall on the 1st floor of the Rectory (right side), has the profile of a small auditorium with about 147 m2 and capacity for 100 people.

Your friendly nature and high quality sound, provide for the holding of conferences, workshops, seminars and scientific and academic business.

The room is equipped with furniture that allows the structuring of space according to the specific needs of each event.





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Senate Room (Workshop 3)

The Senate Room on the 1st floor of the Rectory (left side), has the profile of a small meeting room with about 100 m2 and capacity for 50 people.

This space is normally used for Senate meetings, but it has great conditions to hold workshops, small reunions and multimedia presentations.





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Hall of the Lost Steps (Coffee Break)

Flanked by interior gardens, topped by a splendid staircase, the Court of the Lost Steps, is a spacious room with about 360m² and variable stocking, establishing communication on the ground floor, with the Classroom Magna. Profile versatile, the Court of the Lost Steps is endowed with ample access and beautiful natural light, adapting to the exhibitions of various types of dance and theater performances, recitals, receptions, cocktails, banquets, coffee breaks, cocktail, places of honor and meals. Furniture has adapted to specific needs and access to persons with physical disabilities.





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EAS-Network Annual Conference Programme

Thursday 09-09-2010	
15h30-16h00	Opening of Conference by National and Local Authorities
16h10-16h30	Coffee break
16h30-16h50	* Luis Sardinha (POR) - Portuguese Institute of Sport (IDP)
16h50-17h10	Bart Ooijen – High performance sport and education from the perspective of the European Commission. Presentation of current relevant EU-projects
17h10-18h40	<ul style="list-style-type: none"> • A2B, Athletes to Business • DC Sport, Dual Career for Young Athletes in Europe • INTECS, Network Building for Winter Sports • FIFPro Online Academy
18h40-19h00	Duarte Lopes (POR) - University of Lisbon
20h30-22h00	Reception and welcome dinner by University of Lisbon
Friday 10-09-2010	
09h30	Welcome
9h45-10h05	Olympic Athletes Association (POR)
10h05-10h25	Presentation to be confirmed
10h25-10h45	Coffee break
10h45-11h05	Radim Stryncl (CZE) - Liberec Technical University
11h05-11h25	Fernando Parente & Pedro Dias (POR) - University of Minho
11h25-11h45	Rui Alves (POR) - Basketball National Sport Federation
12h00-13h15	Lunch
13h30-13h50	Helena Bellardini & Mikhail Tonkonogi (SWE) - Dalarna University
13h50-14h10	Kolë Gjeloshaj - FISU “Educational Programme”
14h10-14h30	António Carvalho (POR) - Secondary School and youth National Volleyball team
14h30-14h50	Håvard Johansen & Vilhelm Lae (NOR) - WANG Sports Academy
14h50-15h10	University Elite Athlete – Student Experience
15h10-15h30	Coffee break
15h30-17h00	*Workshops
17h00-17h15	Workshops conclusions
17h30	End of Conference
18h30-19h30	Official Reception by local Authorities at Lisbon City Hall
20h00	Social Dinner at Down Town (Chiado)
Saturday 11-09-2010	
09h00- 10h15	Guided tour at University Stadium of Lisbon
10h20 - 11h50	EAS Annual Meeting
12h00-13h00	Lunch
13h00- 15h30	Trip to Montemor-o-Velho
15h30-17h30	European Rowing Championship – Finals LM4X and LM8X and Guided Visit to the Sport Centre
17h30 – 20h00	Return Trip to Lisbon

*Workshops (choose at accreditation center):





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- **“Happiness”** – by Helena Marujo, PHD, in *Conference Room*
- **“ The importance of clothing in elite sports”** – by Helder Rosendo in *Noble Room*
- **“Enhance the participation of students in competitive University Sports”** – by Pedro Dias in *Senate Room*

Accreditation Centre

The participants will be able to make their accreditation in the following schedule:

- 8th of September (Wednesday) at Hotel Vip Berna – 19h30 to 21h00
- 9th of September (Thursday) at Conference Venue – 13h00 – 15h00

Please bring an identification card and the **proof of your fee payment.**

Participants

In the 7th EAS-Network Annual Conference, will participate more than 70 delegates of 49 Institutions and 19 Countries.

Country	Institution	Name	Status
Austria	Athletes2Business	Michael Trinker	Project Manager
Belgium	FISU	Kole Gjeloahaj	International Relations
Denmark	Bøndby Gymnasium	Thomas Anker	Teacher/Sports Coordinator
Denmark	ESAA	Ole Keldorf	
Finland	Kastelli Upper Secondary Sport School	Risto Keskitalo	Coach/Teacher
Finland	Oulu Region Academy of Sport	Jukka Latva-Rasku	Coach/Manager
Finland	Pohjois-Savo Region Academy of Sport	Johanna Tikkanen	Sports Coordinator
Finland	Sport Academy of Turku Region	Mika Korpela	Teacher
Finland	Sport Academy of Turku Region	Markus Kalmari	Principal
Finland	Educational Department	Pekka Stenfors	Coordinator
Finland	Santasport, Lapland Sports Academy	Reijo Jylha	Coach/Manager
Finland	Rovaniemi Univ. of Applied Science (INTECS)	Heikki Hannola	Manager
Finland	Sport Academy of Turku Region	Harri Helajärvi	Phisician
France	Insep	Véronique Leseur	Manager
France	Insep	Patricia Vandewalle	Teacher
Germany	University Sport Hamburg	Jörg Förster	Coach/Teacher/Consultante EA
Germany	ADH	Koglin Ebba	Head of Division
Holland	FIFPro	Frederique Winia	Manager
Holland	ROC Aventus	Piet de Kant	Manager
Holland	EU Comission	Bart Ooijen	
Holland	ROC Aventus	René Haantjes	Manager



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Hungary	Semmelweis University of PE and Sports	Tibor Kozsla	Manager
Italy	University of Rome “Foro Italico”	Laura Capranica	Professor
Italy	Fondazione - Union Sportiva Petrarca	Germanno Bertin	Manager
Italy	Foggia	Giuseppe Cibelli	Professor
Italy	Foggia	Dario Colella	
Japan	Japan Institute of Sports Science	Kazumi Kitagawa	International Relations Team
Japan	Japan Institute of Sports Science	Takahiro Waku	International Relations Team
Latvia	University of Latvia	Ilvis Abelkalns	Manager
Lithuania	Kaunas	Danguole Satkunskiene	Teatcher
Norway	Norwegian Univ. Science and Technology	Anne Sølberg Ellingsen	Head Administration Section
Norway	Wang Toppidrett	Trine Ruud	
Norway	Wang Toppidrett	Steffen Uldal	Headmaster
Norway	Wang Toppidrett	Daniel Larsen Fredriksen	Coach
Norway	Wang Toppidrett	Petter Wilhelmsen	Headmaster
Norway	Wang Toppidrett	Tor Øivind Ødegård	Coach
Norway	Wang Sports Academy	Anders Blegeberg	Coach/Media Coordinator
Norway	Wang Sports Academy	Kristian Gilbert	Head of sport service
Norway	Wang Sports Academy	Håvard Johansen	Athletic Director
Norway	Wang Sports Academy	Vilhelm Lae	Principal
Norway	Wang Sports Academy	Ingar F.Lae	Chairman of Board
Norway	Lillehammer University College	Pål Berg	Administrative Staff
Norway	Norwegian Univ. Science and Technology	Jan Erik Tangen	Coach/Advisor
Portugal	University of Lisbon	Pedro Gonçalves	Project Manager
Portugal	University of Lisbon	Duarte Lopes	Head of sport service
Portugal	University of Lisbon	Filipe Leão	Coach
Portugal	University of Lisbon	Sara Silva	Technical Coordinator
Portugal	University of Lisbon	Rui Baptista	Project Manager
Portugal	University of Lisbon	Helena Marújo	Professor,Phd
Portugal	ADESL	Bruno Barracosa	Student
Portugal	ADESL	Ricardo Nascimento	Sports Manager
Portugal	New University of Lisbon	Paulo Rosa	Head of sport service
Portugal	University of Minho	Fernando Parente	Head of sport service
Portugal	University of Minho	Pedro Dias	Sports Coordinator
Portugal	CITEVE	Hélder Rosendo	Technology&Engeneering Manager
Portugal	FADU	Manuel Veloso	Manager
Portugal	University of Coimbra	Carlos Gonçalves	Teacher
Potugal	ENGSO	Carlos Cardoso	Teatcher
Portugal	Escola ES/3, D. Egas Moniz, em Resende	António Carvalho	Profesor
Portugal	Basketball Federation	Rui Alves	Coach
Portugal	Athlete	Sara Madeira	Athlete
Scotland	FIFpro	Tony Higgins	Official
Slovenia	University of Ljubljana, Faculty of Sports	Mojca Doupona Topic	Teacher



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Slovenia	University of Ljubljana, Faculty of Sports	Saša Cecič Erpič	Coach
Spain	University of Vigo	Michel Nombela	University Sports Service
Spain	University of Vigo	Javier Rial	University Sports Service
Sweden	Dalarna University	Bengt Nybelius	President EAS
Sweden	Dala Sports Academy	Patrik Söderqvist	Manager
Sweden	Boson Sports College	Ulf Lindberg	Manager
Sweden	Sport Campus Sweden	Anders Nissar	Coach
Sweden	Sports Campus Sweden	Elisiv Lundberg	Study adviser
Sweden	Sports Campus Sweden	Willy Berggren	Manager
Sweden	Dalarna University	Mikhail Tonkonogi	Teacher
Sweden	Dalarna University	Helena Ballardini	Teacher
UK	TASS	Guy Taylor	Manager
UK	TASS	Alison Brown	Manager
UK	TASS	Geraldine Buckley	PHD/Staff
UK	Nottingham Trent University	Jennifer Bennett	Manager
UK	Nottingham Trent University	Karen Boag	Manager
UK	FIFPro	Allan Irwin	Official

Accommodation, Food and Transportation

Hotel

All the participants will be lodging on HOTEL VIP BERNA***

Distance to Venue and Canteen: 1 metro station

Available services in Hotel VIP Berna***: Air conditioning, Babysitting, Bar
Credit cards accepted, Safe, Private Parking, Internet access (on request), Internet
Wireless (on request), Souvenirs Shop, Souvenirs Shop, Pay TV, Car rental,
Restaurant, Hair-dryer, Wake up service, Laundry, Room service, Direct dial
telephone, Satellite TV, Voice Mail.



More information's about this hotel conditions on: <http://www.viphotels.com/uk/vip-berna.htm>

Breakfast: breakfast is served between 7:00 and 10:00

Internet: Wireless in the lobby or cable in rooms. The prices are:

- 1h= €3
- 2h= €5
- 24h= €10



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IMPORTANT: All extra expenses (minibar, internet, etc) are not supported by OC.

Meals

University of Lisbon Canteen nr.1
(near Metro Station “Cidade Universitária”
and 100 meters from Venue)



Important: All meals will have an alternative Macrobiotic diet food. Accreditation card is needed for identification.

Transportation

Day	Course	Mean of transport	Distance
Arrive	From Airport to Hotel	Taxi (<€10)	20 minutes
All days	Hotel to Canteen or Venue	Metro (Cidade Universitária)	1 station - 10 minutes
All days	Venue to Hotel	Metro (Entre-Campos)	1 station - 10 minutes
All days	Venue to Canteen	Walk	2' minutes
Social Dinner	Venue to City Hall	Metro (Baixa-Chiado)	30/40 minutes
Departure	Hotel to Airport	Táxi(<€10)	15-20 minutes

Table Schedule and Conditions

The Organisation will give to all the participants a METRO ticket with €5 that correspond to 6 trips. The transportation for other places is an individual responsibility.

Distances from the:

- Hotel to the “Entre Campos” Metro station – 200mts/3 minutes (walk)
- “Entre Campos” Metro Station to the “Cidade Universitária” 1 station – 3 minutes (by metro)
- “Cidade Universitária” Metro Station to the Canteen – 1 minute (walk)
- “Cidade Universitária” Metro Station to Conference Venue – 2 minutes (walk)



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Metro Diagram



Event Location Map





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Contacts

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