

CONFEDERAÇÃO DO DESPORTO DE PORTUGAL



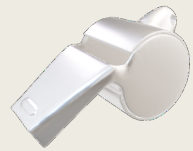
THE POWER OF YOUTH IN SPORT ORGANISATIONS

26.FEB.2021

**PORTUGUESE YOUTH
COMMISSION**

FILIPA GODINHO

PRESENTATION OF THE YOUTH BODY IN MEMBER ORGANISATION



*15 sport federations
represented*

6



9



CDP **COMISSÃO JOVEM**

SHOWCASE SOME HIGHLIGHTS

COMMISSION MAIN GOALS

1. *Make awareness about the importance of youth participation in the sport organisations*

CONFEDERAÇÃO DO DESPORTO DE PORTUGAL

CDP ENTREVISTA...

TERÇA-FEIRA ÀS 21H00
EM DIRETO NO FACEBOOK
facebook.com/confederacaodesportoportugal
Moderação: Helena Marques

Filipa Godinho

João José

Rita Salas



“
Dar oportunidade
aos jovens de
assumir cargos de
liderança, a
liderança depois é
um resultado do
trabalho.

FILIPA GODINHO
DIRETORA DA CONFEDERAÇÃO
DO DESPORTO DE PORTUGAL E
DA COMISSÃO JOVEM DA CDP



“GIVE YOUNG PEOPLE
THE OPPORTUNITY TO
TAKE THE LEAD,
LEADERSHIP
AFTERWARDS IS A
RESULT OF WORK”

“
99% das estruturas
desportivas não
têm jovens com
menos de 35 anos
nos seus cargos de
liderança.

RITA SAIAS
PRESIDENTE DO CONSELHO
NACIONAL DE JUVENTUDE



“99% OF SPORT
ORGANISATIONS DO NOT
HAVE YOUNG PEOPLE
UNDER 35 IN THEIR
LEADERSHIP POSITIONS”

“
É preciso ter um
conjunto de
competências, de
saber-estar e de empatia
e de conhecimento da
comunidade, para se
conseguir ser respeitado
nessa posição.

JOÃO JOSÉ
DIRETOR DESPORTIVO DA
CONFEDERAÇÃO MUNDIAL DAS
ACTIVIDADES SUBAQUÁTICAS



“IT IS NECESSARY TO HAVE A SET OF
SKILLS, TO KNOW HOW TO BE AND EMPATHY
AND KNOWLEDGE OF THE COMMUNITY, IN
ORDER TO BE RESPECTED IN THIS POSITION”



CDP **COMISSÃO JOVEM**

SHOWCASE SOME HIGHLIGHTS COMMISSION MAIN GOALS

1. *Make awareness about the importance of youth participation in the sport organisations*

SHOWCASE SOME HIGHLIGHTS

COMMISSION MAIN GOALS

2. Youth participation in CDP activities and events

- Annual Gala;
- Annual Sport Forum;
- 7th TAFISA World Sport for all Games, Lisbon 2021



CDP **COMISSÃO JOVEM**

SHOWCASE SOME HIGHLIGHTS

COMMISSION MAIN GOALS

3. Identify fields of interest for young people

- Education through sport;
- Dual Career;
- Equal opportunities against discrimination;
- Youth employment for athletes
- Youth leadership;
- Doping;
- Healthy lifestyle;
- Volunteer;
- Promotion and marketing tools for sport



CDP **COMISSÃO JOVEM**

SHOWCASE SOME HIGHLIGHTS

COMMISSION MAIN GOALS

4. Discussion of areas of interest



Youth Commission Session on sport in high school



CDP **COMISSÃO JOVEM**

SHOWCASE **BENEFITS** OF YOUTH BODY FOR THE ORGANISATION

- 1. Develop new areas within the organisation;*
- 2. Understand youth trends on sport;*
- 3. Closer relationship with High Education System*



CDP **COMISSÃO JOVEM**

PRACTICAL **ADVICE** TO OTHER MEMBERS

HOW TO CREATE YOUTH BODY IN THE
ORGANISATION

*Show sports organisations the
importance of youth involvement*

*Inclusion of young people through
rules doesn't really involve us*



CDP **COMISSÃO JOVEM**



**THANK YOU FOR YOUR
ATTENTION**

FILIPA GODINHO